

Ulcer Home Care Treatment

- Rinse with warm salt water 2-3 times a day.
 - 1 cup of warm water (8oz)
 - 1 tsp of salt
- Mix liquid Benadryl and Kaopectate (50/50) together, dip a Q-tip in mixture, apply to ulcer. Apply before meals, and/or as needed 2-3 times a day.
- Avoid any foods or beverages that are salty or acidic, such as orange juice or pasta sauce, or foods that may scratch the ulcer. (ex. Potato chips)

Everglades Pediatric Dentistry

Office: 863-357-7338

Emergency: 863-623-6414

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