

Congratulations!!!! You lost a tooth! You did a great job today and the tooth fairy will be visiting you tonight! Here are some helpful tips to help you while your mouth is healing ☺

To Parents:

Your child may be a little sore after the “Sleepy Spray” wears off. You will need to give him/her children’s Tylenol or Motrin before the numbness wears off. Anytime you suspect the pain is abnormally intense, call the office right away. Any instructions we’ve given you for antibiotics must be followed – take them all until they’re gone. It’s also advised to be aware of the following:

- Have your child bite on gauze if you are instructed to do so by the doctor or staff. You can expect some bleeding. An additional gauze pad or cold tea bag pressed gently over the area will usually minimize bleeding. A blood clot will begin to form within an hour after surgery, and you must take special care with it for 24 hours.
- Brush gently in the area of this tooth today. Resume normal brushing tomorrow.
- For the next 3 days:
 - Avoid sucking through a straw.
 - Do not spit
 - Do not drink soda
 - Eat soft foods (ext. mashed potatoes, mac & cheese, etc.) and avoid eating in the area of the extraction site. Avoid foods such as chips, peanuts, ground beef, rice, and sprinkles that could easily irritate or become lodged in the socket.

If your child runs a fever over 101 degrees, vomits or continues to bleed, call us at (863)357-7338, after hours (863) 623-6414.

Everglades Pediatric Dentistry

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